

Donor Educational Materials

Zika Educational Materials

PLEASE READ BEFORE YOU REGISTER!



For donors who have traveled within the last 28 days:

Travel to certain areas may put you at risk for getting infections for which there are no donor screening tests available to detect. One such risk is Zika virus infection. Zika virus can be present in the blood of an infected person who has no symptoms of illness. However, some individuals may exhibit symptoms such as **fever, rash, joint pain, conjunctivitis (red eyes), muscle pain, or headache**. You can get Zika virus from mosquito bites in some countries and some parts of the USA. The current list of areas with Zika virus is available from the donor room staff. You can also get Zika virus if you have sex with a man who has Zika virus. To ensure the safety of blood products and ensure that our patients do not get Zika virus from blood transfusions, you cannot donate blood if you are at risk for having Zika virus. Specifically, do not donate blood for 4 weeks after:

- You traveled to an area where active Zika virus transmission has been reported.
- You have recovered from Zika virus symptoms that you developed within 2 weeks after departing an area where active Zika virus transmission has been reported.
- You have fully recovered from diagnosed Zika virus disease.
- You have had sex with a man diagnosed with Zika virus.
- You have had sex with a man who has traveled to an area where active Zika virus transmission has been reported within 3 months prior to the sexual contact.

If you have **traveled within the last 28 days** to ANY of the following areas in the CDC link below, we ask you to **not donate today**, but to please return for your donation more than 28 days after your return to the USA.

<http://www.cdc.gov/zika/geo/active-countries.html>