

Psychiatry Visit

Girl Version

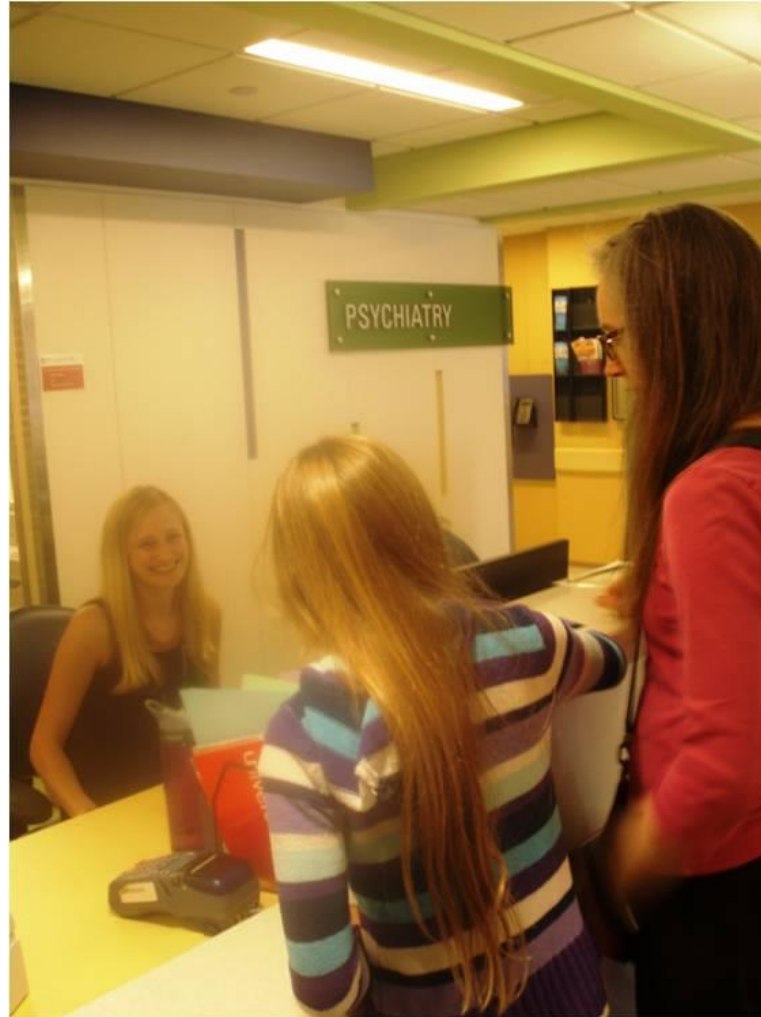
My Hospital Story



Boston Children's Hospital

May 2017

Today I am going to a Psychiatry appointment at Boston Children's Hospital. I will do many things while I am there. This story will tell me what my appointment in Psychiatry will be like.



First, we will follow the signs with the blue fish.
Then we will take an elevator to the 8th floor.



Then I will walk on the colorful floor.



Next, I will walk to the front desk and stand still while my parent lets the front desk worker know that we have arrived.



Then I will sit in a chair and wait until my name is called. I can read a book or play quietly with a toy while I wait.



When it is my turn, my doctor will call my name. I will walk down the hallway with my parent and a doctor.



The doctor will talk to me and my parent while I sit in a chair.



Sometimes I will sit in a chair at the table with no toys and talk to the doctor.



Sometimes I will sit outside my doctor's office while my doctor talks to my parent. I may color or play a game while I wait.



Sometimes, I will stand on the scale to see how much I weigh.



Sometimes, the doctor will measure how tall I am.



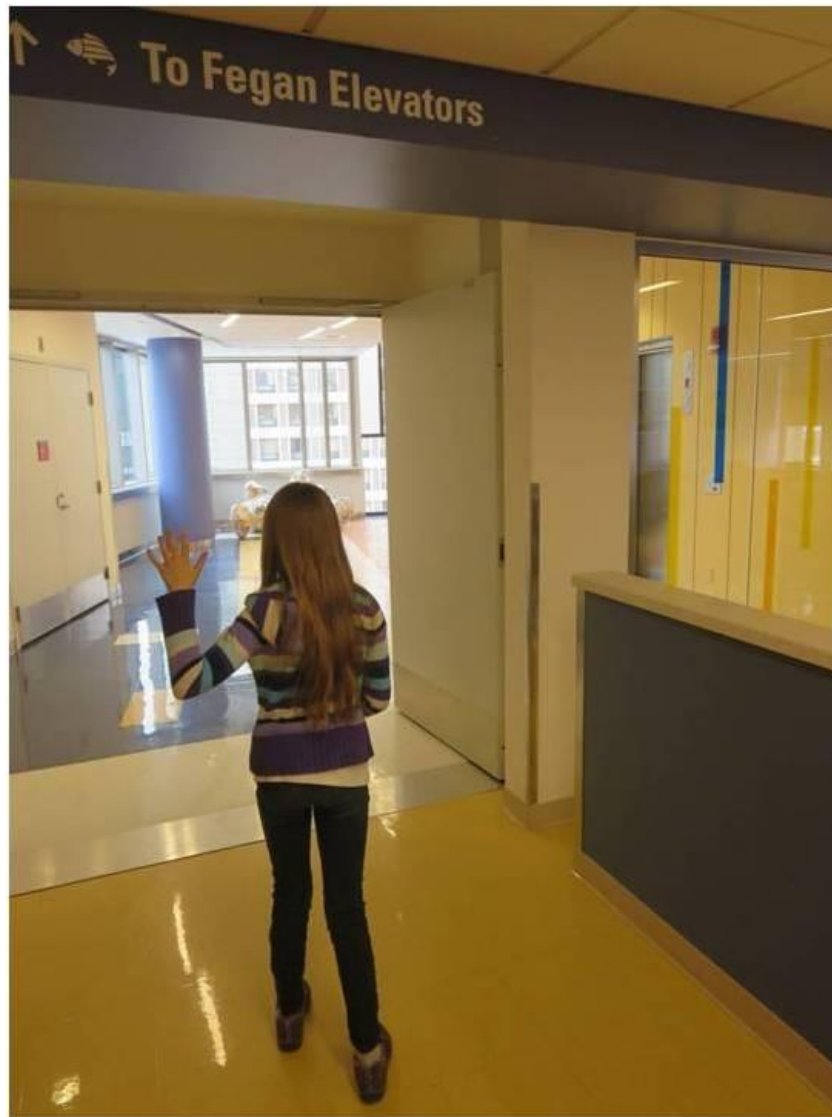
During some visits, the doctor will check my blood pressure. The doctor will place a cloth around my arm. The cloth will feel tight like a hug, this is okay.



Finally, I will stand with my parent near the front desk and wait while my parent talks to the person behind the desk.



My appointment in Psychiatry is all done. Time to say goodbye.



Developed By:
Autism Spectrum Center & Child Life Services